

# SACRED CACAO CEREMONY INVITATION

by Jannine Oberg and Ana Rosvall with Peter Oberg

May 7<sup>th</sup> ♦ 2:30 PM–5:30 PM ♦ \$40 by April 21<sup>st</sup> ♦ \$50 after April 21<sup>st</sup>\*



Retreat Center in the Hills of Escondido\*\*

For more information [HeartChakraCoach@gmail.com](mailto:HeartChakraCoach@gmail.com)

**Jannine Oberg**, M.S., Astrologer, Matrix EFT Practitioner & Certified Wellness Coach and **Ana Rosvall**, owner Native Green Gardens, Reiki Master and Plant Medicine Healer have joined together to host a sacred Cacao Ceremony in a beautiful and nurturing retreat center that creates a safe, high vibrational healing space to explore the Journey of your Heart. **Peter Oberg**, musician and composer will provide sacred Tibetan and Crystal bowl music.

We invite you to join us in ceremony with **Cacao**, grounding, heart-opening plant teacher used by indigenous cultures in Central America for healing, creativity, and insights. We will call in Ixcacao, the spirit of Cacao. After connecting to Ixcacao, we will gently take you on a guided journey. Through divine flow and your own inner guidance the compass of your heart will be revealed.

- While in sacred space we will drink a Cacao elixir prepared with intention. This is made using rainforest Cacao from Guatemala that has been prepared using methods following an ancient wisdom tradition. We mix the Cacao with gently heated Carlsbad Alkaline Mineral Water and add a delicious blend of cayenne and cinnamon spices to create a truly heart-warming drink! This elixir is then ceremonially blessed.
- As the sacred Cacao begins to take effect, you may feel your heart chakra center gently expand. We'll guide you through a heart healing journey. Each Cacao ceremony is a unique expression of the facilitators working through the spirit of Cacao. We are all on the path of the heart, yet each will have their own experience. We ask that you come with an intention to bring to your journey with the spirit of Cacao. For example you might ask for guidance, for healing practices to be revealed, or to experience the joy of your own awakened heart.
- This Cacao ceremony has been prepared for you with loving attention! You may notice in the following days that your life begins to flow and shift more easily, synchronicities may occur more often and even a profound healing could take place. It's an honor to provide you with this special plant teacher!  
- Jannine, Ana and Peter



## \*Pre-registration is required – by Invitation Only.

Please do not post to social media. If you would like to bring a guest email Jannine [heartchakracoach@gmail.com](mailto:heartchakracoach@gmail.com)

The early bird fee is \$40 through Friday, April 21<sup>st</sup>

<https://www.paypal.me/TheHeartChakraCoach/40>

After April 21<sup>st</sup> the fee is \$50

<https://www.paypal.me/TheHeartChakraCoach/50>

You must register to hold your seat. Space is limited to 20 participants. We request a 48 hour cancellation notice. Upon registration you will receive confirmation, a calendar invitation, liability waiver, and more information about your facilitators.

\*\* **Event Location:** A private, sacred retreat location in North County San Diego area. The address, parking info, and gate code will be sent to you via email after receipt of your registration fee. Please make sure we have your correct email address and cell phone number.